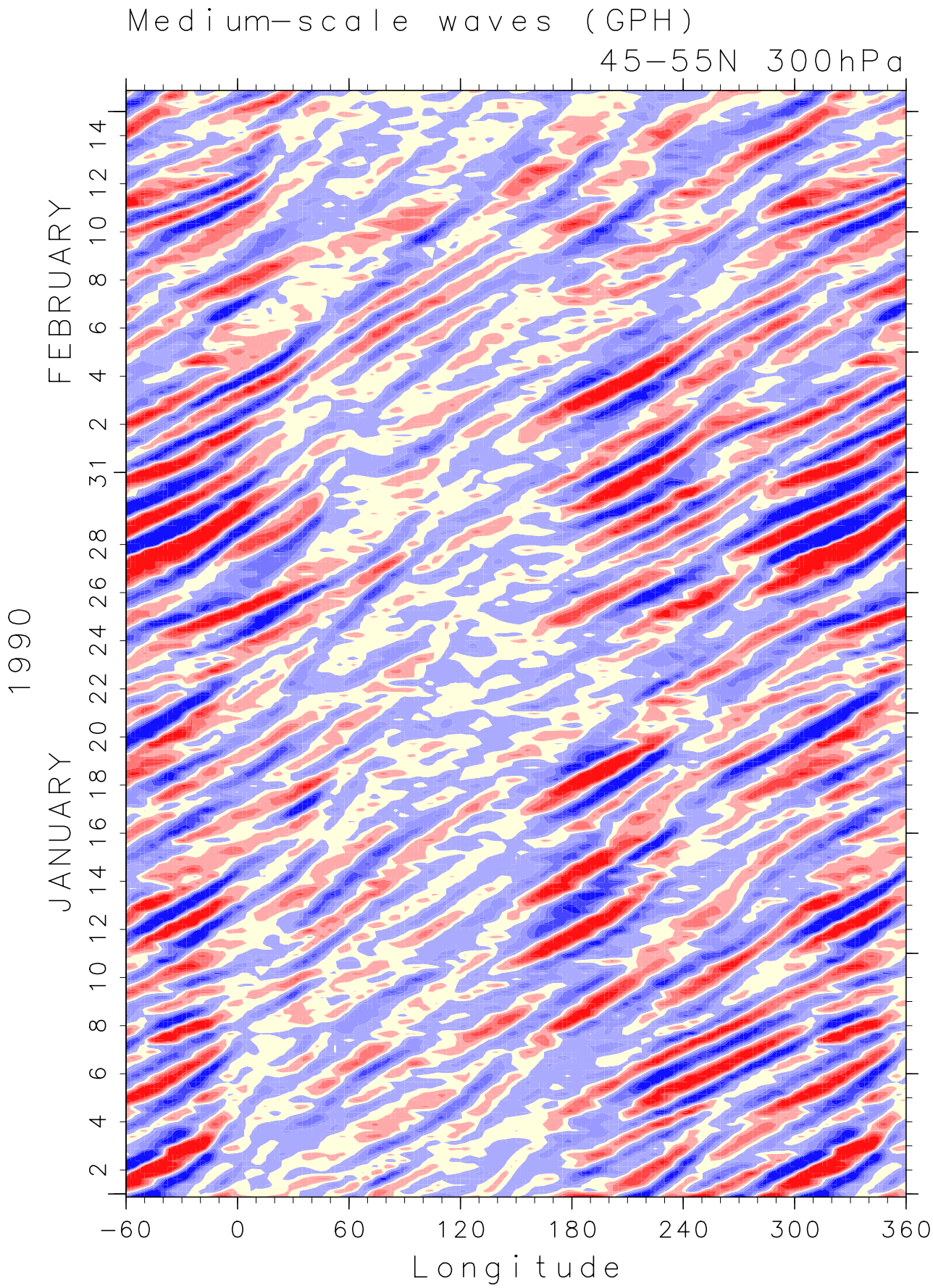
Medium-scale waves (GPH)
45-55N 300hPa
1990
JANUARY
FEBRUARY
2 4 6 8 10 12 14 16 18 20 22 24 26 28 31 2 4 6 8 10 12 14
-60 0 60 120 180 240 300 360
Longitude